

# School Menu (January 5<sup>th</sup> - 30<sup>th</sup>)新纽顿会心幼儿园 2015 年 1 月 5 日 — 1 月 30 日学生食谱

Week & Day	Date	Monday (1/5、1/19)	Tuesday (1/6、1/20)	Wednesday (1/7、1/21)	Thursday (1/8、1/22)	Friday (1/9、1/23)
	1 & 3 第一、三周	餐次	Monday (1/5、1/19)	Tuesday (1/6、1/20)	Wednesday (1/7、1/21)	Thursday (1/8、1/22)
1 & 3 第一、三周	Morning 早点	好客家巧克力球+阳光少女葡萄干+牛奶 Chocolate cereal w. Milk & Raisins.	皇冠面包+火龙果+酸奶 Milk bread w. Dragon fruit & yoghurt.	红豆包+牛奶 Red bean bun & milk.	超纯切片+黄油果酱+酸奶 Toast w. butter & jam & Yoghurt	鸡蛋饼+牛奶 <b>Egg pie</b> & milk
	Lunch 午餐	土豆烧肉+香菇大青菜+炖蛋+米饭 braised tomato w. pork & mushroom w. vegetables & steamed egg w. rice	糖醋鸡丁+五彩卷心菜+菌菇仔排汤+胡萝卜饭 Diced chicken w. Sweet sauce & cabbage w. mushroom soup & carrot rice	甜豆虾仁+肉汤萝卜+罗宋汤+米饭 Shrimp w. sweet bean & turnip w. Russian soup & rice	胡萝卜土豆烩牛肉+火腿菜饭+鹰嘴豆排骨汤. Carrot beef w. potato & ham rice w. vegetable & bean sparerib soup	西红柿肉酱蝴蝶面+香酥龙利鱼+粟米羹 Spaghetti w. tomato & minced pork & crispy fish & corn soup
	Snack 点心	椰蓉蛋糕+草莓 <b>Coconut cake</b> & strawberry	黄油饼干+香蕉 <b>Biscuits w. butter</b> & bananas	培根芝士披萨+苹果 Cheese pizza w. bacon & apple	鲜肉小月饼+橙 <b>Meat moon cake</b> & orange	葱油桃酥+火龙果 <b>Crispy cookies</b> & dragon fruit
2 & 4 第二、四周	Date	Monday (1/12、1/26)	Tuesday (1/13、1/27)	Wednesday (1/14、1/28)	Thursday (1/15、1/29)	Friday (1/16、1/30)
	餐次	Monday (1/12、1/26)	Tuesday (1/13、1/27)	Wednesday (1/14、1/28)	Thursday (1/15、1/29)	Friday (1/16、1/30)
	Morning 早点	好客家玉米片+火龙果+牛奶 Cornflake w. milk & dragon fruit	火腿芝士三明治+酸奶 Cheese sandwich w. ham & yoghurt	鲜肉蒸饺+牛奶 <b>Steamed dumpling</b> & milk	黄金堡+草莓+酸奶 Golden bun w. strawberries & yoghurt.	葱油羌饼+牛奶 Suzhou pie w. milk
2 & 4 第二、四周	Lunch 午餐	茨菰烧肉+蛋丝菠菜+鱼片粉皮汤+米饭 Braised pork w. Potato & spinach shredded egg & fish soup w. rice	茄汁鱼丁+有机花菜炒肉片+金针菇肥牛汤+小米饭 Diced fish w. tomato sauce & Sliced pork w. fried cauliflower & beef soup w. needle mushroom & rice	马蹄鸡丁+面筋青菜+炖蛋+米饭 Diced chicken w. water chestnut & vegetable w. steamed egg & rice	奶油蘑菇蝴蝶面+烤肉丁+芥菜豆腐羹 Creamy mushroom pasta w. baked diced pork & Tofu soup w. vegetable	八宝牛肉粒+扬州炒饭+娃娃菜肉圆汤 Minced beef w. Yangzhou fried rice & vegetable soup w. Pork meat ball
	Snack 点心	糖油山芋+香蕉 Sweet potato w. syrup sauce & bananas	牛肉锅贴+新奇士橙 <b>Pan fried Beef dumpling</b> & orange	牛油蛋糕+千禧 <b>Butter cake</b> & cheery	黄油曲奇+苹果 <b>Butter cookies</b> & apple	萝卜丝酥+猕猴桃 <b>Pan-Fried Turnip Cake</b> & kiwi

Newton chef's own made baked cakes/pastry/pies.