

MENU		FEBRUARY 2ND - 13TH					新纽顿会心幼儿园 2015 年 2 月 2 日 — 2 月 13 日 学生食谱					
Week 1 & 3 (closed for CNY)		Monday, February 2nd	Tuesday, February 3rd	Wednesday, February 4th	Thursday, February 5th	Friday, February 6th						
	Morning Breakfast	Cereal with milk & raisins.	Croissant with yoghurt & white melon.	Steamed dumplings & milk.	Milk bread & yoghurt.	Coconut bun & milk.						
	早点	雀巢蛋奶星星+提子干+牛奶	羊角面包+伊丽莎白白瓜+酸奶	三鲜蒸饺+牛奶	皇冠面包+酸奶	椰蓉奶黄包+牛奶						
	Lunch	Braised chicken with chinese chestnut & bean curd celery & sparerib soup with mushroom & oats rice.	Fried shrimps with sweet pepper & braised turnip with russian soup and rice.	Steamed fish with vegetables in oyster sauce & tofu soup served with pork & rice.	Noodles with minced pork & broccoli with bacon served with turnips in duck soup.	Fried shredded beef with vegetables & meat ball soup with cabbage & rice.						
	午餐	板栗烧鸡+香干美芹+菌菇小排汤+燕麦米饭	彩椒水晶虾仁+红烧萝卜+罗宋浓汤+米饭	清蒸鲈鱼+蚝油生菜+木耳肉末豆腐羹+米饭	肉末炸酱面+培根西兰花+萝卜老鸭汤	八珍牛肉粒+冬笋大青菜+卷心菜肉圆汤+小米饭						
	Snack	Pumpkin pie with red bean & honey melon.	Roasted small potatoes & apples.	Butter cookies & cherries.	Sponge cake & bananas.	Crushed pork puff & mandarins.						
点心	豆沙南瓜饼+哈密瓜	烤小紫薯+苹果	曲奇饼干+千禧果	紫米发糕+香蕉	(肉松酥饼)+芦柑							
Week 2 & 4 (closed for CNY)		Monday, February 9th	Tuesday, February 10th	Wednesday, February 11th	Thursday, February 12th	Friday, February 13th						
	Morning Breakfast	Chocolate cereal with strawberries & milk.	Golden bread bun & yoghurt.	Rice cake & milk.	Milk bun & yoghurt.	Red bean bun & milk.						
	早点	好客佳巧克力球+草莓+牛奶	黄金堡+酸奶	千层米蜂糕+牛奶	刀切馒头+酸奶	红豆包+牛奶						
	Lunch	Diced fried pork with Zizania latifolia Turcz in sweet sour sauce with broccoli and miso soup served with rice.	Fried shrimps and beans with Suzhou style tofu & minced pork with mushrooms and potato rice.	Fried rice with vegetables & five spiced shredded meat and chicken soup with turnips.	Beef pie with mushrooms & vegetables and spare rib soup, served with rice	Braised duck chest & vegetables in sweet sauce & egg soup, served with rice.						
	午餐	茭白糖醋小肉+双色花菜+味增汤+米饭	五彩芙蓉虾仁+卤汁小素鸡+蘑菇肉末芥菜羹+红薯饭	青菜咸肉炒饭+五香小肉粒+萝卜土鸡汤	蘑菇牛肉饼+蒜蓉油麦菜+山药仔排汤+米饭	黄金鸭脯+醋溜牛心菜+五柳鸡蛋羹+米饭						
	Snack	Beef pastry & oranges.	Chocolate cookies & bananas.	Lotus-seed paste bread & dragon fruits.	Red bean tart & strawberries.	Sponge cake & oranges.						
点心	牛肉酥饼+美橙	巧克力饼干+香蕉	莲蓉包+火龙果	红豆蛋挞+草莓	大理石蛋糕+砂糖橘							
<p>Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30, teachers and students eat together in the class-rooms. Snack is served at 14:00 (14:15 for PN) after noon break.</p>												
* Hand made by Newton's pastry chef												