


MENU MARCH30th -April 30TH

新纽顿会心幼儿园 2015 年 3 月 30 日 — 4 月 30 日 学生食谱

		Monday, March 30th/April 13rd	Tuesday March 31st/ April 14th	Wednesday, April 1st/15th	Thursday, April 2nd /16th	Friday, April 3rd /17th
Week 1 & 3	Morning Breakfast	Chocolate cereal w. milk & Dragon fruit.	Cheese stick bread & Yoghurt.	Steamed bun w.pork meat & milk.	Toast w. Blue berry jam & Yoghurt .	Steamed creamy bun & milk.
	早点	巧克力谷物+火龙果+牛奶	奶酪棒面包+酸奶	鲜肉小包+牛奶	超醇切片+蓝莓果酱+酸奶	椰香奶黄包+牛奶
	Lunch	Braised pork w.taro&Lily Bulbs and Celery&egg sliced soup w.rice.	Beef pie w.mushroom&curry potato&tofu soup w.carrot rice w.rice.	Pork mince spaghetti in eggplant sauce & sweet bean w.bacon & spare rib soup w.spanish	Braised duck ches w.five beans & vegetables in sweet sour sauce &steamed egg w.pork mince & millet rice.	Fried fish w.egg&Lettuce in soybean sauce & chicken soup w.turnip & rice.
	午餐	香芋走油肉+西芹百合+五柳鸡 蛋羹+米饭	蘑菇牛肉饼+咖喱土豆+翡翠豆腐 羹+胡萝卜饭	肉末茄汁烩意面+培根甜豆+菠菜 仔排汤	五彩鸭脯肉+醋溜牛心菜+肉末炖 蛋+小米饭	蛋煎龙利鱼+豉汁油麦菜+双色萝 卜+母鸡汤+米饭
	Snack	Italy style pizza &bananas.	Flaky pastry& cherry tomatoes.	Creamy corncob & oranges	Pan fried shrimp dumpling&melon	Red bean tart &apples
点心	意式披萨+香蕉	金丝酥饼+干禧果	奶油玉米棒+甜橙	虾肉锅贴+伽丝蜜瓜	红豆蛋挞+苹果	
Week 2 & 4	Morning Breakfast	Cornflakes w.raisins. & milk.	Gold bread w.fried egg& yoghurt.	Red bean bun & milk.	Milk bread w.cherry tomatoes& yoghurt.	Creamy bun& milk.
	早点	好客佳玉米片+提子干+牛奶	黄金堡+煎鸡蛋+酸奶	赤豆包+牛奶	手撕包+圣女果+酸奶	奶油小刀切+牛奶
	Lunch	Braised pork meat w.sweet dates &cabbage&tofu soup w.mushroom & rice.	Fried shrimp meat&vegetarian chicken in thick gravy sauce&Russian soup &barley rice	Creamy curry chicken diced & lettuce in oyster sauce & pork meat ball soup w.yam & rice	Fried rice w.egg in eggplant sauce & spiced roast pork meat & vegetable soup w.mushroom	Braised beef w. Potato & fried pumpkin w.scallion oil &spare rib w.burdock soup & rice
	午餐	枣香四喜肉+三色卷心菜+菌菇 圆葱豆腐汤+米饭	翡翠虾仁+卤汁小素鸡 +罗宋汤+米仁米饭	淡奶油咖喱鸡丁+蚝油生菜+山药 肉丸汤+米饭	茄汁蛋炒饭+五香烤小肉+蘑菇蔬 菜汤	土豆烧牛肉+葱油小南瓜+牛蒡排 骨汤+米饭
	Snack	Crushed beef puff & dragon fruit.	Chocolate cookies &bananas	Su style sponge cake & oranges	Butter cake &seedless grapes	Pump cake pie &honey melon
点心	牛肉酥饼+火龙果	巧克力饼干+香蕉	苏式松糕+苹果	牛油蛋糕+无籽提子	细沙南瓜饼+哈密瓜	
<p>Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30, teachers and students eat together in the class-rooms. Snack is served at 14:00 (14:15 for PN) after noon break.</p>						
						 <p>* Hand made by Newton's pastry chef</p>