

















# Menu From 31<sup>st</sup> Aug. To 25<sup>th</sup> Sep. (Newton Huixin Campus K1 & K2 levels)

新纽顿会心幼儿园 2015 年 8 月 31 日 — 9 月 25 日 学生食谱(中大班)

Week 1 & 3 (第一、三周)

餐次	Monday 周一 (8/31 & 9/14)	Tuesday 周二 (9/1 & 9/15)	Wednesday 周三 (9/2&9/16)	Thursday 周四 (9/17)	Friday 周五 (9/18)
Breakfast	Cereal with dragon fruit & Milk 	Cereal bread & yogurt 	Pork bun & Milk 	Coconut flavor read date cake & yogurt 	Green with minced pork porridge & stir-fried egg
	甘蒂谷多麦片+火龙果+牛奶	杂粮餐包+酸奶	鲜肉小包+牛奶	椰香红枣糕+酸奶	青菜肉糜粥+炒鸡蛋
Lunch	Cane shoots with pork, stir-fried cabbage, yam with fungus soup & wheat rice. 茭白走油肉+五彩卷心菜+山药木耳瘦肉汤+小米米饭	Curry beef, Stewed broccoli in broth, gourd soup with bamboo and shrimps & soup and rice. 咖喱牛肉+上汤西兰花+冬瓜扁尖虾皮汤+米饭	Sour and sweet fish, towel gourd with gluten, tomato with egg soup, & rice 糖醋鱼柳+丝瓜面筋+番茄蛋汤+米饭	Pasta with tomato and minced pork sauce, baked sausages, greens and fungus soup 西红柿肉酱意面+烤小香肠+青菜木耳汤	Fried chicken wings, egg with courgettes, and kelp soup with pork ribs & cereal rice 香酥鸡翅+蛋丝西葫芦+海带排骨唐+麦片米饭
	Sweet bean Pumpkin pie & Banana 	Chocolate flavor cake and Kiwi fruit 	Red bean egg tarts and seedless grapes 	Small steamed bun with pork & pears 	Butter flavor biscuit with apples 
Snack	豆沙南瓜饼+香蕉	可可蛋糕+猕猴桃	红豆蛋挞+无籽提子	鲜肉小笼+丰水梨	黄油饼干+苹果
	Monday 周一 (9/7&9/21)	Tuesday 周二 (9/8 & 9/22)	Wednesday 周三 (9/9&9/23)	Thursday 周四 (9/10&9/24)	Friday 周五 (9/11&9/25)
Breakfast	Cereal with bananas & Milk 	Dried pork floss cake with yogurt 	Sweet bean bun with milk 	Chinese egg pan cake & yogurt 	Pineapple flavor bread & milk 
	甘蒂谷多麦片+香蕉+牛奶	肉松面包+酸奶	豆沙包+牛奶	葱油鸡蛋羹饼+酸奶	菠萝面包+牛奶
Lunch	Steamed pork wrapped in lotus leaf, stir-fried lettuce, and greens chicken soup, & wheat rice 荷叶粉蒸肉+蚝油生菜+青菜土鸡汤+小米米饭	Chicken wings with soy sauce, sweet pepper with cane shoots, gourd soup with pork ribs & rice 红烧鸡根+甜椒茭白+冬瓜排骨汤+米饭	Ham cheese sandwich and borscht soup 火腿芝士三明治+罗宋汤	Thai flavor curry shrimps, bacon with celery, steamed egg and cereal rice 泰味咖喱虾+培根西芹+炖蛋+麦片米饭	Stir-fried broccoli with beef, fungus with cabbage, mushroom tofu soup and rice 西兰花炒牛柳+木耳白菜+蘑菇豆腐汤+米饭
	Banana pie & fruit cucumber 	Moon cake & Hami melon 	Sweet sago cream with coconut milk& proper fruit 椰汁西米露+香酥巧果	Sushi & grapes 	Muffin & Dragon fruit 
Snack	香蕉派+水果黄瓜	鲜肉月饼+哈密瓜	椰汁西米露+香酥巧果	寿司+葡萄	玛芬蛋糕+火龙果
	Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.			* Hand made by Newton's pastry chef 	