




















Menu From 5th April to 15th April & 18th April to 29th April. (Newton Huixin Campus K1 & K2 levels)

新纽顿会心幼儿园 2016年4月5日—4月15日/2016年4月18—29日学生食谱(中大班)

Week 1 & 3 (第一/第三册)

	餐次	Monday 周一 (4/5、4/18)	Tuesday 周二 (4/6、4/19)	Wednesday 周三(4/7、4/20)	Thursday 周四 (4/8、4/21)	Friday 周五 (4/22)	
Breakfa		Home-made pastry & Dragon fruit with Milk  亨利蜜糖圈+火龙果+牛奶	Ham Floss rolls & Yogurt  火腿小花卷+酸奶	Pastry Bread & Milk  酥皮面包+牛奶	Corn egg vegetables pancake & Yogurt  玉米鸡蛋蔬菜饼+酸奶	Jam cake & Milk  果酱蛋糕+牛奶	
	Lunch	Fried pork tenderloin with soy sauce, Vinegar potatoes, Sheppard's pure mushroom tofu soup & rice 酱爆里脊肉+醋溜土豆片+芥菜蘑菇豆腐汤+米饭	Fish-flavored scallops, three mixed vegetables(potato, mushroom, pimento), Greens and pork ribs soup & rice 鱼香鲜贝+拌三丝+青菜排骨汤+米饭	Chicken with Pineapple, Lettuce, mushroom soup & rice 菠萝鸡丁+油麦菜+平蘑菇三鲜汤+米饭	Curry beef rice, Cucumber with fruits, Corn egg soup 日式咖喱牛肉饭+水果黄瓜+粟米蛋汤	Garlic tomato macaroni & Sausage & Bean sprout and vegetables soup 蒜味番茄通心面+烤香肠+豆芽素烩汤	
	Snack	Custard Tart & Citrus fruit  葡式蛋挞+芦柑	Creamy Corn Stick & Apple 牛奶玉米棒+苹果	Walnut cookies & Strawberry  桃酥+草莓	Cranberry Biscuit & Milk  蔓越莓饼干+牛奶	Marble cake & Grapes  大理石蛋糕+无籽提子	
		Monday 周一 (4/11、4/25)	Tuesday 周二 (4/12、4/26)	Wednesday 周三(4/13、4/27)	Thursday 周四 (4/14、4/28)	Friday 周五 (4/15、4/29)	
Breakfast		Sliced bread w. Cheese & Milk  切片面包+芝士片+牛奶	Creamy steamed bun & Yogurt  奶油小刀切+酸奶	Honey cake with raisins & Milk  提子蜂糕+牛奶	Egg floss rolls & Yogurt  鸡蛋小花卷+酸奶	Bread with corn, ham & Milk  青菜瘦肉粥玉米火腿面包+水果玉米棒 牛奶	
	Lunch	Red-cooked greasy back shrimp, vegetables, Egg custard & 红烧基围虾+素什锦+炖蛋+米饭	Crispy chicken & Radish with cabbage & Miso soup & Rice 香酥鸡柳+萝卜卷心菜+味噌汤	Multi-spiced roast & Spinach with agaric & Mushroom and vegetables soup & Rice 五香烤小肉+菠菜木耳+蘑菇素菜汤+米饭	Fish ball with mushroom & ribs soup with greens & Noodles mixed with scallion 香菇鱼丸+鸡毛菜排骨汤+葱油拌面	Braised beef with potato & Fragrant-flowered garlic with bean sprout & Pelteobagrus soup & rice 土豆炖牛肉+韭香绿豆芽+昂刺鱼三鲜汤+米饭	
	Snack	Red bean honey cake & Strawberry  红豆蜜糕+草莓	Baked Purple sweet potato & Pear  烤小紫薯+香梨	Noodles with vegetables & Honey melon  时蔬片儿汤+哈密瓜	Sweet sago with coconut & Hand-make cookies  椰汁西米露+自制饼干	Fermented rice cake & Millennium fruit  自制酒酿饼+千禧果	
		Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.				* Hand made by Newton's pastry chef 