


## Menu From 5th April to 15th April & 18th April to 29<sup>th</sup> April. (Newton Huixin Campus PN & N levels)

新纽顿会心幼儿园 2016年4月5日—4月15日/2016年4月18—29日学生食谱(托小班)

		Monday 周一 (4/5、4/18)	Tuesday 周二 (4/6、4/19)	Wednesday 周三(4/7、4/20)	Thursday 周四 (4/8、4/21)	Friday 周五 (4/22)
Week 1	餐次					
	Breakfast	Home-made pastry & Dragon fruit with Milk 	Ham Floss rolls & Yogurt 	Pastry Bread & Milk 	Cheese bread & honey melon 	Egg pancake with corn and vegetables & Milk 
		亨利蜜糖圈+火龙果+牛奶	火腿小花卷+酸奶	酥皮面包+牛奶	奶酪面包+哈密瓜	玉米鸡蛋蔬菜饼+牛奶
	Lunch	Common calla meat ball, Vinegar potatoes, Sheppard's purse tofu soup & rice  马蹄肉圆+醋溜土豆片+ 芥菜豆腐汤+米饭	Garlic Sprout fish in bean sauce ,three mixed vegetables(potato, mushroom, pimento) , Greens and pork ribs soup &rice  蒜薹酱爆鱼丁+拌三丝+ 青菜排骨汤+米饭	Chicken with Pineapple, Lettuce, mushroom soup &rice  菠萝鸡丁+油麦菜+蘑菇三鲜汤+米饭	Curry beef rice, Cucumber with fruits, Corn eggs soup & rice  日式咖喱牛肉饭+水果黄瓜+粟米蛋汤	Garlic tomato macaroni & Sausage & Bean sprout and vegetables soup  蒜味番茄通心面+烤香肠+豆芽素烩汤
	Snack	Custard Tart & Citrus fruit 	Creamy Corn Stick & Apple  牛奶玉米棒+苹果	Walnut cookies & Strawberry 	Cranberry Biscuit & Milk 	Marble cake & Grapes 
		葡式蛋挞+芦柑		桃酥+草莓	蔓越莓饼干+牛奶	大理石蛋糕+无籽提子
Week 4		Monday 周一 (4/11、4/25)	Tuesday 周二 (4/12、4/26)	Wednesday 周三(4/13、4/27)	Thursday 周四 (4/14、4/28)	Friday 周五 (4/15、4/29)
	Breakfast	Sliced bread, Cheese Slice & Milk 	Creamy steamed bun & Yogurt 	Honey cake with raisins & Milk 	whole meal bread & Yogurt 	greens lean meat porridge & fruit corn stick 
		切片面包+芝士片+牛奶	奶油刀切+酸奶	提子蜂糕+牛奶	全麦面包+酸奶	青菜瘦肉粥+水果玉米棒
	Lunch	Oyster mushroom with shrimp meat, vegetables, Egg custard & Rice  蚝油蘑菇虾仁+素什锦+炖蛋+米饭	Chicken with corn & Radish with cabbage & Miso soup & Rice  粟米鸡丁+萝卜卷心菜+味增汤+米饭	Multi-spiced roast & Spinach with agaric & Mushroom and vegetables soup & Rice  五香烤小肉+菠菜木耳+蘑菇素菜汤+米饭	Fish ball with mushroom& ribs soup with greens& Noodles mixed with scallion  香菇鱼丸+鸡毛菜排骨汤+葱油拌面	Braised beef with potato& Fragrant-flowered garlic with bean sprout& Pelteobagrus soup & rice  土豆炖牛肉+韭香绿豆芽+昂刺鱼三鲜汤+米饭
	Snack	Red bean honey cake & Strawberry 	Baked Purple sweet potato & Pear 	Noodles with vegetables & Honey melon 	Sweet sago with coconut & Hand-make cookies 	Fermented rice cake & Millennium fruit 
		红豆蜜糕+草莓	烤小紫薯+香梨	时蔬片儿汤+哈密瓜	椰汁西米露+自制饼干	自制酒酿饼+千禧果
		Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.			* Hand made by Newton's pastry chef 	