

## Menu From 1st June to 30th June. (Newton Hui Xin Campus PN & N levels)

新纽顿会心幼儿园 2016年6月1日-6月30日学生食谱(托小班班)

Week 1 & 3 (第一、三周)

餐次	Monday 周一 (5/30、6/13、6/27)	Tuesday 周二 (5/31、6/14、6/28)	Wednesday 周三(6/1、6/15、6、29)	Thursday 周四 (6/2、6/16、6/30)	Friday 周五 (6/3、6/17、7/1)
Breakfast	Home-made pastry served with watermelon & milk 	Cheese bread & yogurt 	Strawberry jam roll & Milk 	Honey cakes with grapes & melon 	Ham & Cheese sandwich with Milk 
	亨利蜜糖圈+西瓜+牛奶	芝士面包+酸奶	草莓果酱卷+牛奶	提子蜂巢糕+甜瓜	三明治+牛奶
Lunch	Meat pie, cabbage and bean curd served with tomato & potato soup and rice.	Broccoli shrimps & white gourd served with whitebait soup and rice	Sirloin with vegetables & greens with mushroom & chicken served with corn soup and rice.	Sausage & tomato macaroni with mushroom served with vegetable soup and rice.	Curry chicken & lettuce with lobster sauce served with Chinese yam & ribs soup with rice.
	葱油小肉饼+香干包菜+番茄土豆汤+米饭	西兰虾仁+素烧冬瓜+三丝银鱼羹+米饭	什蔬炖牛腩+双菇青菜+鸡蛋粟米羹+米饭	蒜蓉番茄意面+台湾香肠+蘑菇素烩汤	泰式咖喱鸡丁+豉油生菜+山药排骨汤+米饭
Snack	Cupcakes with cucumber 	Corn stick with apples 	Pork floss pie with Dragon fruits 	Cookies served with yogurt 	Coconut cake with millennium fruit 
	纸杯蛋糕+水果黄瓜	奶油玉米棒+苹果	肉松酥饼+火龙果	曲奇饼干+酸奶	椰丝蛋糕+千禧果
	Monday 周一 (6/6、6/20)	Tuesday 周二 (6/7、6/21)	Wednesday 周三(6/8、6/22)	Thursday 周四 (6/9、6/23)	Friday 周五 (6/10、6/24)
Breakfast	Jam and cheese toast served with milk 	Layer cake served with Yogurt 	Coconut bread served with milk 	Purple rice porridge and corn on the cob 	Ham floss rolls served with milk 
	吐司+果酱、芝士+牛奶	八宝千层糕+酸奶	椰蓉面包+牛奶	紫米杂粮粥+香糯玉米棒	火腿小花卷+牛奶
Lunch	Pork with shrimp roe and greens served with black mushroom and egg soup with rice.	fresh scallop with Amaranth served with white gourd rib soup and rice.	Japanese rice with Curry Beef and boiled Celery served with kelp soup.	Tomato egg noodles with sauce served with crispy fish and veggie soup.	Shredded chicken with garlic sauce and pepper potato served with fresh eel soup and rice.
	虾籽白切肉+蒜味广东菜心+木耳粉丝蛋汤+米饭	蚝汁鲜贝+上汤苋菜+冬瓜排骨汤	日式咖喱牛肉饭+水煮西芹+海带素烩汤	西红柿鸡蛋打卤面+香酥龙利鱼+鸡毛菜龙骨汤	鱼香鸡肉丝+甜椒土豆片+三鲜鳝鱼汤+米饭
Snack	Sweet beans with bananas. 	Sweet potato with melon 	Walnut cake with watermelon 	Marble cake with grapes 	Cranberry cookies served with Yogurt 
	芸豆糕+香蕉	糖油紫薯+伊丽莎白瓜	椒盐桃酥+西瓜	大理石蛋糕+无籽提子	蔓越莓饼干+酸奶
	Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.			* Hand made by Newton's pastry chef 	