





Menu From 1st June to 30th June. (Newton Hui Xin Campus K1 & K2 levels)

新纽顿会心幼儿园 2016年6月1日-6月30日学生食谱(中大班)

		Monday 周一 (5/30、6/13、6/27)	Tuesday 周二 (5/31、6/14、6/28)	Wednesday 周三(6/1、6/15、6、29)	Thursday 周四 (6/2、6/16、6/30)	Friday 周五 (6/3、6/17、7/1)
Week 1	餐次					
	Breakfas	Home-made pastry served with watermelon & milk  亨利蜜糖圈+西瓜+牛奶	Cheese bread & yogurt  芝士面包+酸奶	Strawberry jam roll & Milk  草莓果酱卷+牛奶	Honey cakes with grapes & melon  提子蜂巢糕+甜瓜	Ham & Cheese sandwich with Milk  三明治+牛奶
	Lunch	Braised pork with bamboo, cabbage and bean curd served with tomato & potato soup and rice. 茭白烧肉+香干包菜+番茄土豆汤+米饭	Garlic shrimps & white gourd served with whitebait soup and rice 蒜香基围虾+素烧冬瓜+三丝银鱼羹+米饭	Sirloin with vegetables & greens with mushroom & chicken served with corn soup and rice. 什蔬炖牛腩+双菇青菜+鸡蛋粟米羹+米饭	Sausage & tomato macaroni with mushroom served with vegetable soup and rice. 蒜蓉番茄意面+台湾香肠+蘑菇素烩汤	Curry chicken & lettuce with lobster sauce served with Chinese yam & ribs soup with rice. 泰式咖喱鸡丁+豉油生菜+山药排骨汤+米饭
Snack	Cupcakes with cucumber  纸杯蛋糕+水果黄瓜	Corn stick with apples  奶油玉米棒+苹果	Pork floss pie with Dragon fruits  肉松酥饼+火龙果	Cookies served with yogurt  曲奇饼干+酸奶	Coconut cake with millennium fruit  椰丝蛋糕+千禧果	
Week 4		Monday 周一 (6/6、6/20)	Tuesday 周二 (6/7、6/21)	Wednesday 周三(6/8、6/22)	Thursday 周四 (6/9、6/23)	Friday 周五 (6/10、6/24)
	Breakfas	Jam and cheese toast served with milk  吐司+果酱、芝士+牛奶	Layer cake served with Yogurt  八宝千层糕+酸奶	Coconut bread served with milk  椰蓉面包+牛奶	Purple rice porridge and corn on the cob  紫米杂粮粥+香糯玉米棒	Ham floss rolls served with milk  火腿小花卷+牛奶
	Lunch	Spiced pork ribs with greens served with black mushroom and egg soup with rice. 五香大排+蒜味广东菜心+木耳粉丝蛋汤+米饭	Green onion fish with Amaranth served with white gourd rib soup and rice. 葱香鲈鱼+上汤苋菜+冬瓜排骨汤	Japanese rice with Curry Beef and boiled Celery served with kelp soup. 日式咖喱牛肉饭+水煮西芹+海带素烩汤	Tomato egg noodles with sauce served with crispy fish and veggie soup. 西红柿鸡蛋打卤面+香酥龙利鱼+鸡毛菜龙骨汤	Shredded chicken with garlic sauce and pepper potato served with fresh eel soup and rice. 鱼香鸡肉丝+甜椒土豆片+三鲜鳝鱼汤+米饭
Snack	Sweet beans with bananas.  芸豆糕+香蕉	Sweet potato with melon  糖油紫薯+伊丽莎白瓜	Walnut cake with watermelon  椒盐桃酥+西瓜	Marble cake with grapes  大理石蛋糕+无籽提子	Cranberry cookies served with Yogurt  蔓越莓饼干+酸奶	
	Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.				* Hand made by Newton's pastry chef 	