

PN THEME 5: INSIDE AND OUTSIDE ME (31st Dec. to 25th Jan.)

Our fifth topic of the year focuses on our bodies. Our body parts, inside and outside and what they are used for.

THEME LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: Head, tummy, toes, body, legs, arms, ears, nose, mouth, hands, cold, warm, hat, jacket, boots, socks, play.

Songs: 'Body parts song,' 'Baby's hokey pokey,' 'Frosty the snowman' and 'The penguin dance.'

This theme the children will learn about the different parts of their bodies. The teacher will draw attention to their body parts by asking them to do different actions. They will also read the book, 'All of baby, nose to toes.' The children will start to understand that they can use their body to experience different senses. The teacher will use different classroom and household items to stimulate their senses, while blindfolded. The teacher will then show the children how they can use each body part and their senses to move and play. They will read the books, 'I love to dance' and 'I love to sing.' The classes will have fun playing with balloons, making them drift back up into the air, using their different body parts. The teacher will take the children to the gym room where they will get a chance to warm up and stretch out all their body parts. They will then play many games, using different toys, that will bring the children's attention to how we can move in many different ways with our bodies. Lastly, the teacher will explain how we keep our bodies warm in the winter by wearing winter clothes.

ART LESSONS *(sample to the right may vary from actual art work)*

In their art lessons the classes will have fun making a body from cardboard body parts and then decorating it. They will also have some fun painting a large A1 body with one of their friends. Lastly, they will celebrate winter by making a penguin, using cotton balls.



MATH & READING LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: In, out, where, over, under, in front, behind, on, off, number, count, one, two, three, four and five.

Songs: 'We all fall down' and 'The number song.'

The children will start this theme's math lessons by looking at spatial awareness and how to describe one's position in relation to another object. They will read the book, 'In, over and on the farm.' The teacher will use stuffed animals and a cardboard box to simply show spatial awareness and position. The children will also be given simple position instructions, to see if they can follow them.

In their reading line lessons, the children will learn how to count. The teacher will read the book, 'Numbers.' The teacher will use finger puppets, cubes/blocks and picture cards to help the children learn.